



Mahayoga Global Trial

3 July 2026

July 3, 2026 from 6.07 AM to 6.28 AM

(Follow the clock in your own country/time-zone)

P. P. Shri Narayan Kaka Dhekane Maharaj, one of the leading Mahayoga masters of our age was born on 3rd July 1927. Countless number of Mahayoga Sadhaks and others were touched by his gifts of “Shaktipat Deeksha” and the “Introductory Approach to Mahayoga”. On 5th November 2012, he left his earthly body.

In order to honor his memory and to continue his lifelong mission of introducing the effortless, joyful and no-cost path of Mahayoga to the world, we would like to invite everyone on this earth to participate in a Global Trial of Mahayoga (Siddhayoga) for the uplift of all humankind. **Those who are interested can participate at no cost from the privacy of their own homes. All are eligible to participate in this trial regardless of the religion, race, gender, age, caste or creed.**

This world-wide trial can be considered to be a "trailer" or a precursor for the awakening of one's Kundalini Shakti (Universal Life Energy) through Shaktipat (transfer of Energy) from a Siddhayoga/Mahayoga Master. It is a rare opportunity to experience first-hand such a transmission of spiritual energy from a Siddha Guru (a realized soul).

How to participate?

1. At the designated date and time (follow the clock in your own country/time-zone) sit comfortably with your eyes closed. You may observe/experience a wave of energy along your spinal column.
2. Relax your body completely in order to minimize the awareness of your body.
3. Let your mind observe your involuntary and automatic breathing.
4. Continue to remain seated for the 21 minute duration or longer, if you feel compelled to do so.
5. Observe your experiences and share them with us by email on info@mahayoga.org. Visit our website to read detailed Mahayoga information at <https://mahayoga.org>